

## SPRING TRAINING HIGH SCHOOL PROGRAM

Grades 9th -12th

SUNDAYS: 3:30pm - 5:00pm

Jan. 15th - March 4th

Preparing **High School Athletes** for the upcoming season. Players will work on defensive and offensive training. This 8-week program includes The Eric Wedge College Exposure Camp on February 4th. Staff will include former pro and college players and coaches.

8-Week Program (\$220)  
(Includes Eric Wedge Camp)



## SPRING TRAINING MIDDLE SCHOOL PROGRAM

Grades 6th-8th

SATURDAYS: 5:30pm - 7:00pm

Jan. 14th - March 10th

(Feb. 4th - Off)

Preparing **Middle School Athletes** for the upcoming season. Players will work on defensive and offensive training. This 8-week program includes The Eric Wedge Hitting Camp on February 4th. Staff will include former pro and college players and coaches.

8-Week Program (\$220)  
(Includes Eric Wedge Camp)



## SMALL GROUP TRAINING AGES 9 - 14

LIMIT 4 PLAYERS PER SESSION

Instruction By WBA Instructor: **Matt Harmon**

8-Week Program (\$200)

Week of January 16 - March 5th

(Includes Eric Wedge Camp)



### CHOOSE ONE (1) SESSION FOR 8-WEEKS

**PITCHING:** 5:30pm - 6:30pm (MONDAYS)  
7:00pm - 8:00pm (THURSDAYS)  
7:00pm - 8:00pm (FRIDAYS)

**HITTING:** 6:30pm - 7:30pm (MONDAYS)  
6:00pm - 7:00pm (TUESDAYS)  
6:00pm - 7:00pm (WEDNESDAYS)  
6:00pm - 7:00pm (THURSDAYS)  
6:00pm - 7:00pm (FRIDAYS)

**CATCHING:** 7:00pm - 8:00pm (TUESDAYS)  
7:00pm - 8:00pm (WEDNESDAYS)

Each One Hour Time Slot Represents One 8-Week Session

## SPRING TRAINING ELEMENTARY SCHOOL PROGRAM

Grades 1st - 5th

SATURDAYS: 5:30pm - 7:00pm

Jan. 14th - March 10th

(Feb. 4th - Off)

Preparing **Elementary School Athletes** for the upcoming season. Players will work on defensive and offensive training. This 8-week program includes The Eric Wedge Skills Camp on February 4th. Staff will include former pro and college players and coaches.

8-Week Program (\$220)  
(Includes Eric Wedge Camp)

## Registration Deadline January 9, 2012

For Questions:

Contact: **Ken Jones**

260-403-8935 (Cell)

260-436-1507 (Office)

ken@worldbaseballacademy.com



**WBA**  
World Baseball Academy

# 2012 BASEBALL INSTRUCTIONAL PROGRAMS

January - March

High School \* Middle School \* Elementary School



[www.worldbaseballacademy.com](http://www.worldbaseballacademy.com)

260-436-1507

## Speed/Agility/Strength

AWP Training

### High School Athletes

**Jan. 14 - March 10th** (Feb. 4th Off)

Players may attend three (3) AWP workouts per week.

Monday: 3:30-5pm, 6-7:30pm, 7:30-9pm  
 Tuesday: 3:30-5pm, 6-7:30pm, 7:30-9pm  
 Wednesday: 3:30-5pm, 6-7:30pm, 7:30-9pm  
 Thursday: 3:30-5pm, 6-7:30pm, 7:30-9pm  
 Friday: 3:30-5pm  
 Saturday: 12:00pm - 1:30pm



**PLUS**

**Saturday: 10:00am - 11:00am** (Baseball Specific Workout)

**8-Week Program (\$120)**



### Elementary & Middle School Athletes

**Jan. 14 - March 10th** (Feb. 4th Off)

Players may attend three (3) AWP workouts per week.

Monday: 5-6pm  
 Wednesday: 5-6pm  
 Friday: 5-6pm  
 Saturday: 11am - 12am



**PLUS**

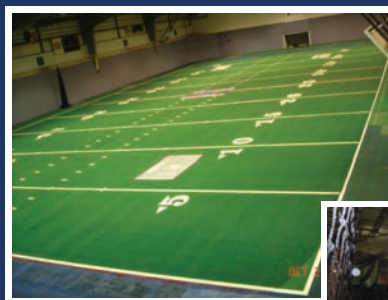
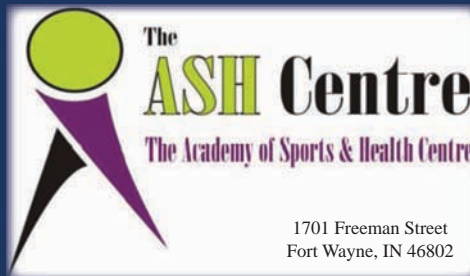
**Saturday: 10:00am - 11:00am** (Baseball Specific Workout)

**8-Week Program (\$120)**

## The ASH Centre

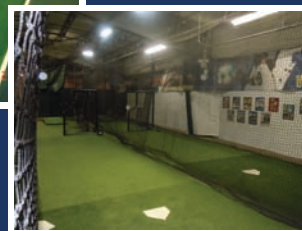
1701 Freeman St, Fort Wayne, IN 46802

The World Baseball Academy headquarters is located at the Academy of Sports & Health (ASH) Centre.



20,000 sq ft Turfed Training Area!

Three (3) Full Length Batting Tunnels!



## - REGISTRATION FORM -

Make Checks Payable To: **World Baseball Academy**

Mail To: **1701 Freeman St, Fort Wayne, IN 46802**

Player Name: \_\_\_\_\_

Parent / Guardian: \_\_\_\_\_

Grade: \_\_\_\_\_ Age: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_

Cell #: \_\_\_\_\_

### SPRING TRAINING PROGRAMS

*\* Includes Entry Into Eric Wedge Camps*

**High School** (Sundays: 3:30pm - 5:00pm) \_\_\_\_\_ \$220

**Middle School** (Saturdays: 5:30pm - 7:00pm) \_\_\_\_\_ \$220

**Elementary School** (Saturdays: 5:30pm - 7:00pm) \_\_\_\_\_ \$220

### SMALL GROUP TRAINING (Ages 9- 14)

*\* Includes Entry Into Eric Wedge Camps*

**Small Group Training** \_\_\_\_\_ \$200

Day (Circle One):	MON	TUE	WED	THUR	FRI
Time (Circle One):	5:30-6:30pm(P)	6-7pm(H)	6-7pm(H)	6-7pm(H)	6-7pm(H)
	6:30-7:30pm(H)	7-8pm(C)	7-8pm(C)	7-8pm(P)	7-8pm(P)

*\* P=Pitching, H=Hitting, C=Catching*

### \*NEW SOFTBALL PITCHER'S TRAINING

**Pitching Program** (Saturdays: 10:00am - 11:00am) \_\_\_\_\_ \$100

### SPEED / AGILITY/STRENGTH AWP TRAINING

**AWP Training** (Saturdays: 10:00am - 11:00am) \_\_\_\_\_ \$120

**PLUS....Choose 3 days a week for additional AWP training.**

### WAIVER

I/We being the parents and/or legal guardian of the applicant, authorize the staff of The World Baseball Academy and its agents to act for the above named applicant according to their best judgment in an emergency requiring medical attention, and hereby waive and release The World Baseball Academy, The Academy of Sports & Health (ASH) Centre, Ken Jones, Eric Wedge, and its officers, and its staff from any and all liability for any injuries or illness incurred for the above named applicant while participating in any events associated with The World Baseball Academy. Further, I/We claim that the registrant has had a physical examination in the past year and was found fit for all physical endeavors.

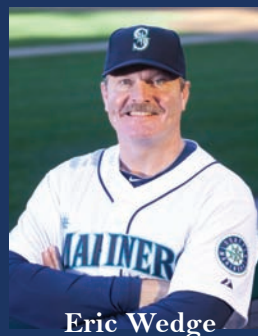
Signature of Parent / Legal Guardian: \_\_\_\_\_

## ERIC WEDGE CAMP

Saturday, February 4, 2012

All Players Registering for a Baseball Training Program are automatically included in the annual Eric Wedge Baseball camps hosted at the ASH Centre.

HOSTED BY:



Eric Wedge  
Seattle Mariners Manager

www.worldbaseballacademy.com

## SOFTBALL PITCHING

*\*New Training Program!*

Ages 8 - 14

**SATURDAYS: 10:00am - 11:00am**

January 14 - February 24 (Feb. 4th Off)

**6-Week Program (\$100)**

Preparing young female athletes for the upcoming softball season. This 6-Week program includes instruction from a former Division One Collegiate Pitching Coach.

260-436-1507 (Office)